Jim is proof you can’t keep a determined man down. With a master’s degree and years of professional experience, he had always worked and enjoyed working. But when he found himself unemployed in today’s sputtering economy and with very specialized skills, getting a new job presented more obstacles than Jim ever imagined. He was soon struggling to stay afloat.

“It’s an employer’s job market, and it is incredibly tough,” he says. “And when you are an older gentleman like me, just getting in to see somebody is a miracle.”

Jim turned to the ICS Resource Center for assistance in finding work. Every day for almost a year, he spent hours at the center looking for job openings, getting feedback on retooling his résumé, and preparing for interviews. Jim’s cheerful smile and dogged determination impressed ICS staff and volunteers, who sent him job postings and provided encouragement.

To keep his skills sharp, Jim volunteered at area gyms and organizations. “I saw the value of volunteers at the ICS Resource Center,” Jim adds, “and I wanted to use my time to give back in my field.” He took temporary work. He got help with transportation and food.

Donate to ICS by December 31 for AZ Charitable Tax Credit

In a world full of tangles and knots, the Arizona Charitable Tax Credit is remarkably straightforward: “Give, and get back.” Arizona law gives you a dollar-for-dollar credit on your state taxes when you donate to a local organization that helps the working poor, such as ICS.

That means a couple filing jointly can take up to $400 off their state tax bill by claiming an Arizona Charitable Tax Credit. Single people can claim up to $200.

You don’t have to itemize any longer to use the credit. It can be taken in addition to credits earned for donations to public or private schools. And it keeps your tax dollars here in Pima County, benefiting our neighbors in need.

That’s the most important reason: By donating to ICS, you’ll help us continue our mission of providing essential services to those who are struggling. Thanks to caring supporters like you, ICS last year helped more than 33,000 individuals and families.

Visit www.icstucson.org to donate online or call 520-297-2738 x222 for more information.
Holiday “Gifts of Love”
Adopt-A-Family

ICS is already preparing for our holiday “Gifts of Love.” Share a little holiday cheer this season by adopting a family who would not otherwise be able to afford gifts or clothes. Last year, faith communities, businesses, social groups and individual donors helped 111 families, and we anticipate the need will be even greater this year. To find out how you can help neighbors experiencing difficulties this year, call 520-297-6049.

This fall, our “Gifts of Love” program provided school supplies to 410 children from families facing financial hardship. Thanks to all of our wonderful donors who gave supplies to help these young students start the school year with the tools they need to learn and succeed.

Please Join
The Interfaith Community Services Board of Directors, staff and special friends for the Official Public Kick-Off of

“Safety. Services. Sustainability”
A Capital Campaign for a NEW ICS Client Welcome Center and Building Expansion
Special Unveilings, Refreshments and Festivities

Thursday, October 24  ●  10 a.m.  ●  Remarks begin at 10:15 a.m.
ICS Offices at 2820 W. Ina Road

Come share in some BIG plans that will enable ICS to better serve our community today and tomorrow. See how you can get involved and make a difference!

For more information, contact 520-297-2738 x222

Recent Foundation and Corporate Gifts
ICS expresses our appreciation to the following groups for their support:

Albertson’s
Bank of America Foundation
Christina-Taylor Green Memorial Foundation
Community Foundation for Southern Arizona
Community Partnership of Southern Arizona
Eliot Spalding Foundation
Lon and Lucille Barton Foundation
Phillips Family Foundation
Splendido at Rancho Vistoso
Sun City Vistoso Community Foundation
Thomas and Jeanne Elmezzi Private Foundation

In the spring of 2014, ICS plans to break ground on a new Client Welcome Center on our campus at Christ the King Episcopal Church. This approximately 1600-square-foot addition will include a larger lobby area, more private and confidential client intake area and much-needed safety and security features to better serve and protect our clients, staff and volunteers.
Jim Gets a Job with Help from ICS Resource Center

Continued from Page 1

“You do what you have to do,” Jim says. “You have to swallow your pride to not only ask for help, but also to receive it.”

Several months ago, Jim returned to ICS with a bigger smile than usual. He had landed a management position with Pima County Parks and Recreation—one that enables him to work in the field he loves, providing encouragement to others.

“I found through this job-searching experience that finding a job is a full-time job,” Jim says. “You have to do the footwork, stay motivated and maintain faith.” Now that he has a job, Jim is rebuilding his finances and getting back on his feet.

ICS offers Resource Centers at our Northwest, Eastside and our Marana offices. In collaboration with Pima County One Stop, the centers provide a relaxed environment where job seekers get free help identifying skills, polishing résumés and cover letters, conducting online and in-person job searches, perfecting interview skills and following up with potential employers. To date, the centers have aided almost 2,000 job seekers ages 18 to 80—part of ICS’s umbrella of programs to help individuals become self-reliant. Clients coming through the ICS Food Bank and Emergency Financial Assistance Programs are given information on the job service.

“The Resource Centers, through the efforts of our volunteers, have been successful in helping many people energize and revitalize their job-search efforts,” says Manager Tandala Kidd. “People come to us not knowing what to do in this difficult economy. They realize that someone is in their corner to help them focus their skills and job search.”

“The services here are off the charts,” Jim says. “Extremely qualified and helpful people, non-judgmental, great environment. I hope more folks will hear about this great service and get involved because it really is helpful for anyone trying to land work.”

The ICS Resource Centers are funded in part through a collaboration with Arizona Youth Partnership and a joint United States Health and Human Services grant. For more information on how to get help at the Resource Centers or to support this important work, visit our website or call us at 520-297-6049.

Thanks to the following groups for recent efforts:

During a recent community day, a group from St. Andrew’s Presbyterian trimmed trees and hauled off trash, sprucing up the ICS grounds.

Congregation M’kor Hayim collected and donated 578 pounds of food for the ICS Food Bank during Project Isaiah, which occurred during their High Holy Days.

Additional Free Services Offered at the Resource Centers

- **Building Futures for Families**: Workshops by Arizona Youth Partnership teach communication and healthy relationship skills.
- **Financial Literacy**: Presented by Wells Fargo, workshops cover budgeting, building savings, repairing credit and more.
- **Computer Classes**: Teaches tips and tools for using the computer and Internet.
- **Help applying for** federal Supplemental Nutrition Assistance (SNAP, also known as food stamps).
Holiday Bags Bring Help and Hope at ICS Food Bank

Did you know that one in four families in Pima County struggles to put food on the table? For many households in our community, the holidays are a particularly stressful time when they are concerned with how they will provide meals for their family.

The ICS Food Bank anticipates distributing close to 3,000 Thanksgiving packages November 18-November 27 and another 3,000 holiday packages in December. Need is up this year with demand outpacing supplies. We sincerely appreciate all donations that will help us provide food for holiday meals for those in need. Frozen turkeys and chickens can also be dropped off at the ICS Food Bank at 2820 W. Ina Road. Don't have time to shop? Cash contributions allow us to fill the gaps for shortages and supplies.

Your food donations matter. Nancy, a mother of five whose family was assisted last year, writes, “Thank you for helping me and my children with food. We were able to have Christmas dinner for the first time in several years thanks to your generosity.”

Big Bags to Fill at Seventh Annual Bag-A-Thon

Donations accepted at local Edward Jones offices through November 8 Community Collection Day and Breakfast – November 9, 8 a.m. - noon

Local scouting groups, schools, businesses, the Town of Oro Valley and the Sun City Vistoso Cyclists are just a few of the groups already collecting food for the single largest food drive of the year for the Interfaith Community Services Food Bank. It’s the annual Bag-A-Thon, sponsored by Edward Jones, which culminates in a public breakfast and community collection day on Saturday, November 9, from 8:00 a.m. to noon at the Edward Jones offices at W. Lambert Lane and N. La Canada Drive. All food donations will be sorted, loaded onto trucks and transported to the ICS Food Bank where they will be given to households in need.

The Bag-A-Thon gathers critical supplies for the ICS Food Bank to fill holiday food bags and keep shelves stocked. This year’s goal is 75,000 pounds. That’s a tremendous increase since the Bag-A-Thon began 7 years ago with a goal of raising 1,000 pounds. Each year, Bag-A-Thon organizer Ken Blanchard has set higher and higher goals, far exceeding them. “I love doing this for ICS,” Ken says. “This is our company’s way of giving back,” he adds. As an added boost this year, the Sun City Community Foundation is supporting the Cyclists and the Bag-A-Thon with a matching $4,000 grant that will be used to purchase protein items.

Among the community groups taking up collections are 20 local Edward Jones offices – one of which already has collected more than 400 pounds, Ken says.

Last year, the ICS Food Bank distributed more than $1.6 million worth of food to nearly 22,000 people in more than 6,600 households. “The need for emergency food remains great throughout the community,” said ICS Chief Executive Officer Bonnie Kampa. “We have come to depend on the Bag-A-Thon each year to give us a much-needed boost in anticipation of the busy winter months.”

With your help, we can make this year’s drive another success. Details, including drop-off locations, are available at www.icstucson.org.

Most-Needed Food Items

- Pasta and canned spaghetti sauce
- Peanut butter (16-18 oz. jars)
- Canned meats & tuna
- Canned soups, chili, stew & meals
- Rice
- Dried & canned beans
- Boxed cereal
- Canned vegetables & fruit
- Boxed instant potatoes
ICS is proud to have received Charity Navigator’s coveted 4-star rating for the fourth year in a row. The 4-star rating, Charity Navigator’s highest, is given to nonprofits that practice exceptional fiscal responsibility and governance in fulfilling their mission.

Charity Navigator is the nation’s largest and most-utilized evaluator of charities. Its rating system examines two broad areas of a charity’s performance: its financial health and its accountability and transparency. The organization considers how it expects a charity will use donors’ support today, how well it has sustained its programs and services over time, and its level of commitment to good governance, best practices and openness with information.

In his letter to ICS, Charity Navigator’s President and CEO Ken Berger noted, “Only 7% of the charities we rate have received at least 4 consecutive 4-star evaluations. This ‘exceptional’ designation from Charity Navigator differentiates Interfaith Community Services from its peers and demonstrates to the public it is worthy of their trust.” Read the entire letter at www.icstucson.org.

“We are so honored by this rating,” said ICS Chief Executive Officer Bonnie Kampa. “ICS is committed to using our financial resources wisely and to the best benefit of our clients. Through the dedication of our volunteers and the guidance of our board we strive to stretch every dollar as far as possible. Our donors are instrumental to our work and we appreciate the trust they put in ICS.”

The ICS Health Advocacy office recently received a call from an elderly gentleman who was using a wooden chair in his shower. The chair had rotted, posing a safety concern. That same morning someone happened to stop by our offices to donate a shower chair! And, the story gets even better. As it turns out, two of our Handy Helpers were also in our offices that morning. They quickly assembled the chair and even delivered it to the recipient, who was thrilled!

Heartfelt thanks to this anonymous donor and helpers Tim (l) and Andy (r) for saving the day!
Welcome New Faces, Farewell to Retiring Colleagues

ICS recently bid farewell to two longtime employees. **Maude Shingler**, business manager, retired in September after 9 years overseeing finances at ICS. **Barbara Souter**, receptionist and administrative assistant, left us in late September after 8 years staffing our front desk. We thank Maude and Barbara for their years of loyal service and the impact they have had on ICS, and we wish them well in their new endeavors. These openings, as well as some expansion in our programs and services, resulted in some additions to the ICS team. Please join us in welcoming these new staff members:

**April Schiller**, finance director, is heading up our accounting operations. April is a CPA who started her career in a Big 4 public accounting firm and has more than a decade of experience in accounting and consulting for nonprofit and for-profit organizations. April and her family recently located to Tucson from Hawaii.

**Eric Cross**, eastside resource center assistant, is a lifetime Tucsonan with 30 years of human services experience, spanning youth services, criminal justice, behavioral health and case management. In his off time, he is director, drummer and singer for the band 12 Measures of Interest at Our Saviour’s Lutheran Church and drummer, singer and booking manager for the blues and rock band Bold as Love.

**Mara Levin**, health advocacy coordinator. Mara is creating a new program to improve physical and mental health and safety for our most at-risk clients and will help them navigate the health care system. She has a master’s degree in social work and a social services background that includes facilitating caregiver support groups, developing programs, and providing counseling services, workshops and presentations. She has worked with seniors, disabled adults, family caregivers and volunteers.

**Margie Derrick**, receptionist and administrative assistant. Margie has been a familiar volunteer at ICS, helping with our intake process. She has 13 years of experience as a dental office manager and in customer service. Margie, a native of El Paso, Texas, has lived in Tucson since 1996. Margie says she is excited for this opportunity to serve the community.

**Shelley Shelton**, grant and communications writer. Shelley is a former reporter for the *Arizona Daily Star*, where she wrote on occasion about ICS but also covered the towns of Oro Valley and Marana, northwest side school districts, and consumer issues. She comes to ICS from the University of Arizona, where she spent the last two years working in the public relations office, handling internal and employee communications.

**Veda Kowalski**, mental health outreach specialist. In this new position, funded by the Community Partnership of Southern Arizona, Veda will work with our faith community partners developing mental health outreach programs for their congregants and ICS program managers to help clients navigate available mental health services. Veda’s extensive background includes years at the UA Dean of Students Office, where she dealt with student behavioral issues, campus and crisis management. She has experience working with individuals and families in crisis, as well as working with collaborative teams giving presentations and facilitating groups. Veda holds a master’s in counseling psychology and a Ph.D. in philosophy and educational psychology.

Special Events and Marketing Assistant – **Mollee Fitzgerald** joins us in this new position in the ICS Development Department, where she will help coordinate a variety of fundraising and community events. Mollee has many years of experience in meeting and wedding planning. She has worked with Arizona Party Rental for more than 7 years and provides support for a local wedding planning company.

Last but not least, congratulations to **Lori Block** on her promotion to eastside coordinator!
Golf ‘Fore’ Good and Benefit ICS

Don’t miss out on the 2013 “We Care” Golf Classic at 8:30 a.m. on Saturday, December 7, at the Omni Tucson National Resort. It promises to be a great day on the greens and your support will help ICS continue vital programs for seniors, disabled individuals and people in financial need.

We have full access on both courses with friendly competition in men’s, ladies and mixed divisions. A delicious Italian lunch and festive awards ceremony will follow the morning’s play, as well as a raffle and silent auction—just in time for holiday shopping. Some of the great items up for bid include:

- Two tickets on Southwest Airlines
- A two-night stay at Casino del Sol Resort
- Golf outings, jewelry, framed art, wine and more!

Players’ fees are $150 per person and $600 for a foursome; $72.55 of each player fee is tax-deductible. Register today at www.ics Tucson.org or call Shar Caulley at 520-297-2738 x209. Not a golfer? Join us for lunch and browse the silent auction for just $25 per person.

Sponsorships starting at $500 entitle you or your company to hole sponsorship, including logo’d tee box signs, the opportunity to have a special activity or giveaway at your hole and tournament program recognition. $1,000 and $2,500 sponsorships include all of the above, plus a complimentary foursome and inclusion in event advertising. For sponsorship info, contact Deborah Carr at 520-297-2738 x222 or dcarr@icstucson.org.

See you on the course December 7!

Critical Conversations
Tuesday, November 12, 10:00 a.m. – 12 noon at the ICS Office

How would you like to live at the end of your life? This workshop will explore the physical, emotional, spiritual and financial issues associated with end of life. Learn how to start important conversations to make your wishes known, and gain knowledge and understanding of the dying process and resources available in the community. Presenter Tani Bahti, RN, CT is the founder and executive director of Passages, a nonprofit organization that provides compassionate guidance in end-of-life issues through support, education and research.

Healing Journeys:
Pathways Through Loss and Grief
Friday, November 8, 8:30 a.m. - 4:00 p.m.
St. Philip’s In The Hills Episcopal Church

13th Annual End-of-Life Conference

Keynote Speaker Frank R. Williams of Casa de la Luz, a noted speaker and author of many articles on issues of loss, grief and life transitions, will offer practical wisdom and guidance for those whose lives are affected by grief, honoring each individual’s unique journey. The conference will cover a variety of end-of-life topics. Register at www.casafoundation.org.
MEMORIALS AND TRIBUTES: 7/1/13–9/20/13
Memorials and gifts of honor are a special way to remember friends and loved ones, as well as make a tax-deductible donation to ICS. An acknowledgment is sent to both donor and honoree. Thank you!

In Memory Of: Given By
Aleah Mae: Michael & Karen Cruce
Ryan Armstrong: Josephine Cordasco
Bonnie Blackwell: Wayne & Doris LeQuieu
Lil Boas: Robert & Selma Gevirtzman
Richard C. Bostrom: Alice Bostrom
Eugene Ray Brown Jr.: Larry & Linda Keegan
Olive Burke: Bob & Ruth Burke
Richard Christenson: Myra Christenson
Helen Estensen: June Head
Ellen Estrin: Robert & Selma Gevirtzman
Marjorie Funckes: Arnold Funckes
Mary Ann Hackett: Angelina Grandison
Stuart Hansen: Violet Hansen
Brenda Hooper: Wayne & Doris LeQuieu
Robert Hurst: Margaret Hurst
Kathleen Marner: Stephen & Sally Pagnucco
Myra Keller: Marilyn Browning
Martin Kentner: Jane Kentner
Ruth McCleary: Stephen & Sally Pagnucco
Al McGarry: Bruce & Doreen Malone
Ruth Paxton: Eric & Karen Gustafson
Sandra Pecarovich: Stephen & Sally Pagnucco
James Peterson: Rick & Bonnie Hawkins, Paul Loomis, Lawrence & Ingrid Monrad, Royal, Steve & Mark Simmons
Eleanor Selby Soliday: Ann Price
Linda St. Laurence: Joe Botsko
W. G. Stoneman: Joann Stoneman
Emily Straehler: Judith Straehler
Frances Summer Wells: Thomas & Linda Walker
Mrs. Wells: Marrian Shultis
Wayne Want: Richard & Violet Davis
Millie & Buddy Wool: Judy Gould

In Honor Of: Given By
Jan & Archie Anderson: Jim & Yonny Beers
Susan Bacon: Clifford & Sue Blinman
Diane Bart Kalpin: Art Geiger (mLogica Inc)
Deborah Carr: Robert & Jan Kirkpatrick
Dinah DeWald: June Head
ICS Volunteers: Andrea Dukes, Byron & Patricia Snyder
Jacque & Brenda: Maude Shingler
Ed & Kay Jenkins: Pam Henderson
Morgan Maxwell: Anne Sapp
Steve & Sheryl Pincus: Gil & Kathy Parrish
Trent Rasmussen: Martin & Laurie Charlton
Maude Shingler: Betsy Sandlin
St. Jude - Patron Saint: Dale & Jennie Johnson

Many of you already know that our good friend Lura Lovell of The David C. and Lura M. Lovell Foundation recently passed away. We are grateful to Lura’s family, who has designated Interfaith Community Services to be the recipient of memorial gifts for Lura. We will be listing all donations in our January newsletter. If you would like to make a contribution in honor or memory of Lura, please send your check to ICS, 2820 W. Ina Road, Tucson, AZ 85741. You may also donate online at www.icstucson.org (click the Donate Now button) or call us at 520-297-2738 x222.

Tax-Free Rollover for 2013!

The popular IRA Charitable Rollover is back: Taxpayers who are at least 70½ years old may again move up to $100,000 from their IRA directly to an eligible charity, such as Interfaith Community Services (ICS), without incurring the normal taxation. Such contributions are not counted as income, but they can count toward the annual Required Minimum Distribution (RMD).

The American Taxpayer Relief Act extends the IRA Charitable Rollover through the end of 2013.

Here are the rules:
• Distributions must go directly to ICS from a traditional IRA. They may not go first to the owner of the IRA.
• 401(k) or 403(b) funds must first be converted to an IRA and then gifted to ICS.
• Gifts must be made by not later than December 31.

This opportunity “sunsets” on December 31.

This provision is a significant opportunity for donors who hold assets in their IRAs that they do not need.

If you have questions or comments, or wish to make use of this great, tax-advantaged way of supporting Interfaith Community Services during 2013, please contact Deborah Carr, Development Director, at 520-297-2738 x222. Information is also on our website at www.icstucson.org. As always, consult your tax advisor. Experts on the ICS Planned Giving Advisory Council are available to provide guidance to ICS donors.

Thanks, Corporate Partners

Platinum
NORTHWEST MEDICAL CENTER

Gold
ORO VALLEY HOSPITAL

Silver
Splendido

Copper
Omni Resorts

COMMUNITY PARTNERSHIP OF SOUTHERN ARIZONA

TEP

EDWARD JONES

COMMERCIAL BANK OF ARIZONA
October is ICS Month at Resurrection Lutheran
In October Resurrection Lutheran Church is collecting diapers (all sizes) and food for the ICS Food Bank. Please consider donating an item or two for those in need. Donations can be left in the church narthex or office throughout the month.

Fine Arts and Crafts Fair
9 a.m.–3 p.m., Saturday, October 19
St. Andrew’s Presbyterian Church Fellowship Hall
Browse a unique array of articles from artisans throughout Pima County. The show, open to all artists and crafters, features works across many media from jewelry to paintings, needlework, fresh-baked goods, jams and more. A portion of proceeds benefits ICS and its programs. To reserve a booth, contact Carol Fiore at caatucson@msn.com.

Two Sisters – Two Pianos Concert
7 p.m., Friday, November 22
St. Andrew’s Presbyterian Church
Pat Kaltenberger and Susan Caldwell, professional pianists, will perform old and new classics including Rachmaninoff, Mozart, Reger, Brahms, Gottschalk, “Fats” Waller and Gershwin. A freewill offering will be taken to benefit Interfaith Community Services and our programs.

Free Admission to Tohono Chul Park
8 a.m.–5 p.m., Friday, November 8 with Food for ICS
ICS is again the recipient of Tohono Chul Park’s December “Donor Days”! Explore the park’s beautiful gardens for free on November 8 with a generous donation of food for the ICS Food Bank. See page 4 for a list of most-needed food items.

Tucson Chamber Artists’ 10th Anniversary Concert & Tucson Desert Song Festival Opening Night
7:30 p.m., Friday, January 31, Fox Tucson Theatre
Enjoy an evening of French music by composers Debussy, Ravel and Durufle featuring the TCA Chorus and Orchestra and Kelley O’Connor, Mezzo-Soprano. Tickets: $50 premium seating and $30 general seating. Call TCA at 520-401-2651 prior to the concert to purchase tickets and mention “ICS.” TCA will donate half the value of those tickets purchased back to ICS.

Oro Valley Church of the Nazarene Christmas Musical
7 p.m., Friday, December 13
5 p.m., Saturday, December 14
3 p.m. & 5 p.m., Sunday, December 15
6 p.m. & 8 p.m., Friday, December 20
3 p.m. & 5 p.m., Saturday, December 21
3 p.m. & 5 p.m., Sunday, December 22
Where can you find spectacular sets, inspiring music, a rousing holiday parade and 100% chance of snow? It’s all at the Oro Valley Church of the Nazarene’s annual holiday musical extravaganza! Each year, the talented members of the church delight the community with their elaborate holiday show that features surprises to delight kids of all ages. Come out for a treat that will lift your spirits. Once again, ICS will receive all of the donations from the freewill offering.

Spirit of Christmas
Desert View Performing Arts Center, SaddleBrooke
Saturday, December 21
4 and 7:30 p.m.
Sunday, December 22
Time TBD
Centennial Hall
A little bit of Broadway comes to Pima County in this high-energy, holiday dance and variety extravaganza that is part Radio City Rockettes spectacular, part musical theater production. Choreographed by Tammy Booth, a former Rockette, this family show features a cast of more than 100 dancers and singers, festive costumes and staging, and high-stepping kick lines and performance numbers that exude the joy of the season. Thanks to our friends at the Tucson Dance Academy for putting on this wonderful show and for once again designating a portion of the proceeds to ICS to help families in need. Watch the ICS website for ticket and event information.
Pete Finds Strength in Volunteering

Anyone who has used either of the two new walkways across the landscaped area between parking lots at ICS is already familiar with the handiwork of volunteer Pete Baldwin.

A retired fire chief from the suburbs of Detroit, Pete describes himself as an ICS Food Bank volunteer, but as his recent walkway project shows, his efforts extend beyond that. After seeing that recipients were having difficulty getting from their cars to the building maneuvering dirt paths, Pete set out to make things a little easier. He contributed about $400 worth of materials to construct the walkways, then spent hours working in the sun to complete the project. He got his two sixth-grade sons to help.

“\textit{I'm retired and have a fair amount of time on my hands},” he says. Even so, he likes to use it wisely. He feels it’s important to set a good example by instilling a sense of community service in all of his children. He also has grown children in their 20s. Pete says, “\textit{Giving back is what we do}.”

Pete initially got involved with ICS by helping with an Edward Jones Bag-A-Thon. Because he’s passionate about serving, he now volunteers in the Food Bank on Tuesdays and Thursdays. “\textit{I find it rewarding because it makes me feel productive},” he says. “\textit{And I like meeting so many interesting people}.” He also enjoys offering a bit of brawn and muscle where it’s needed, he says. Frequently, his fellow volunteers are a bit older than he is and have trouble lifting or reaching some of the things he can still do with relative ease.

\textit{“Pete has been a blessing to ICS and our recipients,”} says Food Bank Coordinator Curt Balko. \textit{“He is always available to do whatever we need.”} Thanks, Pete, for using your strengths at ICS in such a kind and generous way!

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\begin{tabular}{|l|l|}
\hline
\textbf{Volunteer Orientation Schedule} & \\
\hline
\textbf{Northwest: 10 a.m. to noon at} & \textbf{Eastside: 10 a.m. to noon at} \\
\textbf{2820 W. Ina Road} & \textbf{8701 E. Old Spanish Trail} \\
\hline
\quad Wednesday, October 23 & \quad Monday, November 4 \\
\quad Thursday, November 7 & \quad Monday, December 9 \\
\quad Wednesday, November 20 & \\
\quad Wednesday, December 4 & \\
\quad Thursday, December 19 & \\
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Are you looking for a great way to use your skills and talents to make a difference? ICS offers a variety of volunteer opportunities. Training is provided. For more information, contact Sandi Brickley, Volunteer Resources Manager at 520-297-2738 x217 or sbrickley@icstucson.org. A list of upcoming orientation dates is listed to the right.

\textbf{Coming This Spring:}

\textbf{2014}

\textbf{Friday, April 25, 2014}

Catalina United Methodist Church

\textbf{Keynote Speakers:} Ms. Terrie Williams, licensed clinical social worker, mental health advocate, and author of \textit{Black Pain: It Just Looks Like We're Not Hurting}; Dr. Nancy Kehoe, nun, distinguished clinician, licensed psychologist and author of \textit{Wrestling with Our Inner Angels: Faith, Mental Illness, and the Journey to Wholeness}; Rabbi Simkha Wientraub, Rabbinic Director of the Jewish Board of Family and Children’s Services, one of the nation’s premier voluntary mental health and social service agencies.
Our heartfelt thanks to the 74 diverse and dedicated congregations all over Tucson who participate in helping neighbors in need through ICS! Here’s a sampling of our faith partners in action:

Church Canyon del Oro Baptist and the Tucson Jewish Community Center hosted our ICS Faith Council meetings, comprising advocates from our partner congregations.

Several congregations invited ICS to speak in services: Ebenezer All Nations Seventh Day Adventist Church, St. Andrew’s Presbyterian Church, Streams in the Desert Lutheran Church.

We are blessed to serve with such dedicated communities of faith. To schedule a visit to ICS or to have ICS staff speak to your congregation or to explore your congregation joining ICS in the good work described in this newsletter, call us at 520-297-6049.

Faith Communities and Health

The next Bridging Faith and Health: Congregational Health Leader Training is right around the corner:

Dates: November 7-8, 2013
Times: 8:30 a.m. – 4:00 p.m. breakfast included
Place: Catalina United Methodist Church, 2700 E. Speedway Blvd. (at Treat Avenue)
Cost: $30 for both days

Congregation-based health ministries help people address all aspects of their health in the context of their faith. Anyone interested is encouraged to participate in this training to gain insights into building a health ministry in your congregation.

The registration brochure can be downloaded at www.icstucson.org. Or contact Karen MacDonald: 520-297-2738 x221; kmacdonald@icstucson.org.

Thanks to Our Faith Community Partners

Abiding in Christ Fellowship • Aldea Spiritual Community • Alive Church • Ascension Lutheran • Avra Valley Community Church • Baha’i Faith - Oro Valley • Beautiful Savior Lutheran • Canyon del Oro Baptist • Capilla del Sol Christian • Casas Adobes Congregational UCC • Catalina United Methodist • Christ Presbyterian • Christ the King Episcopal • Church of the Apostles Episcopal • Church of the Everlasting Gospel • Church of the Painted Hills UCC • Community Christian Church Marana • Congregation Anshei Israel • Congregation Chaverim • Congregation Or Chadash • Congregation M’kor Hayim • Cortaro Vista Community Church • Desert Skies United Methodist • Dove of Peace Lutheran • Ebenezer All Nations Seventh Day Adventist • Faith Christian Fellowship of Tucson • First Christian Church • Flowing Wells Baptist • Fountain of Life Lutheran • Grace St. Paul’s Episcopal • Immanuel Presbyterian • Maranatha Seventh Day Adventist • Mountain Shadows Presbyterian • Mountain View Baptist • Mountain Vista U.U. Congregation • New Spirit Lutheran • Northminster Presbyterian • Northwest Baptist • Northwest Community Friends Church • North West Heights Seventh Day Adventist • Oro Valley Church of the Nazarene • Oro Valley United Church of Christ • Our Saviour’s Lutheran • Pusch Ridge Christian Church • Resurrection Lutheran • Rincon Congregational UCC • Rising Star Baptist Church • Sanctuary United Methodist • Santa Catalina Catholic • Southside Presbyterian • St. Andrew’s Episcopal Church • St. Andrew’s Presbyterian • St. Elizabeth Ann Seton Catholic • St. Francis in the Foothills United Methodist • St. John on the Desert Presbyterian • St. Mark the Evangelist Catholic • St. Mark’s Presbyterian • St. Mark’s United Methodist • St. Matthew’s Episcopal • St. Michael & All Angels Episcopal • St. Odilia Catholic • St. Philip’s In The Hills Episcopal • Streams in the Desert Lutheran • Tanque Verde Lutheran • Temple Emanu-El • Templo La Uncion • The Good News Community Church • Third Church of Christ, Scientist • Tortolita Presbyterian • Tucson Community of Christ • Unity of Tucson • Unity Spiritual Center of Peace • U.U. Church of Tucson • Vida Nueva/New Life Church of God

Pianist Alexander Tentser and violinist Anna Gendler presented a benefit concert on September 21. The concert was hosted by Rincon Congregational United Church of Christ.

Organist David Gay, the Tucson Symphony Orchestra String Quartet and the Powe Family Trio performed a benefit concert on September 29. The concert was hosted by Christ the King Episcopal Church.

The two events raised almost $4,000 for ICS!
You’re Invited to Our Holiday Open Houses!

Eastside Office
8701 E. Old Spanish Trail
Thursday, December 12
11 a.m. - 1 p.m.

NW Office & Food Bank
2820 W. Ina Road
Friday, December 13
2 - 5 p.m.

Save the date and come celebrate with ICS during our annual Holiday Open Houses. We’ll have refreshments, door prizes, tours, and plenty of holiday cheer at both locations.

See you there!