ICS to break ground

Please join us at the **Groundbreaking** for the new ICS Food Bank building on **Friday, April 29**.

The celebration begins at **10 a.m. at ICS’s main office at 2820 W. Ina Road**.

Thanks to you, we’re ready to dig in! Less than five months ago, we announced our plan to build a **2,700-square-foot Food Bank building** and asked you to help us raise $200,000 to receive a $150,000 challenge grant from The Wolslager Foundation.

Because of your generosity, we reached that goal at the end of January and have been able to proceed ahead of schedule. **Construction will begin in May** and is expected to be completed by October. We’re looking forward to assembling our annual Holiday Food Packages in our new Food Bank for the first time!

We’ll have refreshments and entertainment at the groundbreaking. Please bring a nonperishable food item to donate. How could we have a Food Bank groundbreaking without a food drive? Hope to see you there.

We’re So Close...You Can Almost Taste It!
ICS Spring Appeal to Focus on Finishing New Food Bank

Because so many of you have generously answered the call, ICS is just a few steps away from seeing the dream of a new and expanded Food Bank building come to fruition. The new facility will do more than enlarge our current cramped quarters. It will dramatically increase our ability to serve an ever-growing number of people in need who are turning to ICS for assistance until they can get back on their feet. And, the new building will allow ICS to help feed them *more nutritionally* with the introduction of fresh fruits, vegetables and frozen foods, as well as to provide important educational resources on healthy nutrition, budget-friendly meals and menu planning.

We appreciate each and every gift that has helped to bring us to the point of **Continued on Page 2**
We’re So Close…You Can Almost Taste It! Continued from Page 1

groundbreaking and construction. If you haven’t already given, there is still time. We are beginning Phase II of the project to raise the remaining $125,000 necessary to complete and equip the new Food Bank and get it ready to open! You may be asking, “What is left to fund on the new Food Bank building?” The answer is…plenty! Here is a look at costs that ICS needs to cover for Phase II:

Contingency construction costs; refrigerated merchandise cases; shelving tables, pallet truck and racking; a protected walkway and waiting area for clients; a special Kids’ Corner; office equipment, infrastructure, communications/technology; small van or truck for food transports; increased costs to ICS to operate the new facility, including a part-time Food Bank Coordinator position, additional utilities, security and maintenance costs.

Raising funds for Phase II of the new Food Bank is the focus of ICS’s spring appeal, which is coming soon to a mailbox near you! Donations of any size are needed and greatly appreciated! Gifts of $500 and above that are designated for the new Food Bank building will be recognized on a decorative donor tile wall on the exterior of the new facility – a great way to honor someone special.

We’re So Close…You Can Almost Taste It! Our sincerest appreciation to everyone who has supported the ICS Food Bank expansion thus far. We hope we can count on more of our ICS friends and the community to help us fill the need and complete this essential addition to our services.

“The ICS Food Bank has been such a help to me, especially in these hard times. It keeps me going. I’m on disability and medication too. Without the Food Bank, I would have to spend more money that I don’t have on food. Some days I come to the Food Bank not feeling so well. The folks there are always cheerful and ready to assist. When I leave, I feel better and have a smile on my face.” Cindy B., Food Bank recipient, March 2011

Swing into Action at Annual Golf Classic

Gather your foursome and join us for the 9th Annual ICS “We Care” Golf Classic, Veterans Day, Friday, November 11, at Omni Tucson National. Registration begins at 10:30 a.m., followed by a patriotic ceremony. The tournament commences at 12:15 p.m. with a shotgun start. This year we will again offer two hole-in-one challenges for a chance to win a car provided by Jim Click Automotive. An awards dinner, raffle and silent auction follows at 5 p.m.

Cost per player is $150; $72.55 is tax-deductible.

As ICS’s largest single fund-raising and friend-raising event, the “We Care” Golf Classic generates important revenue for ICS to respond to the rising community need for our services. Your support is critical in helping reach our goal of raising $40,000 this year! To register or for information on sponsorship opportunities, call ICS at 297-2738 x209. A NEW golf website is coming soon...watch for details!
ICS thanks its CORPORATE PARTNERS

PLATINUM LEVEL

UMC

NORTHWEST MEDICAL CENTER

GOLD LEVEL

Commercial Bank of Arizona

COPPER LEVEL

Oran Valley Hospital

ICS Speaker’s Bureau

We would love to share ICS’s story and information about its mission and programs with your business or organization or even a gathering of your friends. Call Shar Caulley at 297-2738 x209 to schedule a presentation by an ICS staff member. It’s FREE and will spread the word about how ICS helps seniors, disabled individuals, and families in financial crisis achieve stable and independent lives. Call TODAY!

Corporate Partnership with ICS...Good Business for Community and Partners

ICS is fortunate to work with a number of area companies who provide vital support in helping us carry out our mission of compassionate service to seniors, the disabled and individuals facing financial hardship.

But corporate partnership with ICS can also be good for business! Corporate partners receive year-round visibility in ICS print and electronic newsletters, presence on the ICS website with a link to your company website, recognition in the ICS annual report and featured sponsorship of all major ICS fundraising events such as the annual “We Care” Golf Classic, which can include complimentary foursome and tee sign(s). In addition to the feel-good benefits that come from knowing you are helping to enable ICS to remain an essential community resource, corporate partnership offers the opportunity for your company to be involved with one of the Tucson area’s most active non-profit organizations.

Whether your goal is strategic philanthropy, marketing and brand recognition, or a great place for employees to volunteer--ICS corporate partnership is a great way to get involved and make a difference. For more information on becoming a corporate partner, or to discuss an idea for partnership, please contact Donor Relations Manager Deborah Carr at 297-2738 x222.

Mayors for Meals in March

March 23 was Mayors for Meals Day, part of an annual national March For Meals campaign to raise awareness about senior hunger and what’s being done about it.

As this newsletter went to the printer, Oro Valley Mayor Satish Hiremath was scheduled to ride along with Mobile Meals volunteers from Interfaith Community Services on March 23 as they picked up prepared meals at Oro Valley Hospital and delivered them to up to eight Oro Valley residents.

Marana Mayor Ed Honea is also planning to ride along with ICS volunteers delivering Mobile Meals on April 15 to see how this service might work in his community.

Former Oro Valley Mayor Paul Loomis participated in a similar ride-along in 2008.

ICS volunteers deliver one hot and one cold meal every weekday, 52 weeks a year, to elderly, disabled or convalescing individuals in an area north of Roger Road and east of Interstate 10. It’s part of ICS’s mission and range of services to keep seniors and disabled individuals safe and independent in their own homes.

The meals, including those for special diets, are prepared by six Northwest Side hospitals and retirement communities. Recipients are charged on a sliding scale up to $8 a day, based on income. Donations to ICS help cover the cost for those unable to pay.

More than 100 ICS volunteers drove nearly 100,000 miles last year to deliver nearly 38,000 meals. The volunteer drivers also often provide crucial social contact and well-being check-ins for these frail individuals.

“IT is so gratifying to see a pleasant face and hear a cheerful word when the food is delivered,” one longtime Mobile Meals recipient said recently.

“It is difficult to find words to express how grateful I am for … the effort that you folks put forth to prepare and deliver food to those, like me, who would have difficulty fixing food for themselves.”
Help available
If you’re a registered recipient of ICS’s Senior and Caregiving Services and your home needs some yardwork, ICS has volunteers who want to help. Call Joyce at 297-2738 x225 for more information or to request some free volunteer help with your yard.

Did you know that ICS has funds available to repair or replace broken appliances like refrigerators, washers, dryers, hot water heaters and even microwaves?

You must own the appliance and qualify as low income.

For more information or to schedule an appointment with an ICS case manager, call 297-6049.

Volunteers needed
CAN WE TALK? Like to talk with people? Have a health-related background? Be an ICS Health Advocacy volunteer and conduct in-home evaluations of new senior or disabled recipients.

Particular need is in central, east, and south Tucson, and Marana. There’s something for everybody to do at ICS. Also needed now are volunteers who want to:
• Transport seniors or disabled individuals for medical appointments or errands, or help them with shopping, minor home repairs, mail and paperwork.
• Call people seeking emergency financial assistance to obtain basic information for our case managers.
• Help people look for and apply for jobs or apply for food stamps online in the Resource Center in our Ina Road office. If you are comfortable with computers and ready to offer encouragement and a minimal amount of guidance to clients, you have the skills we need.

Contact Volunteer Resources Manager Sandi Brickley at sbrickley@icstucson.org or 297-2738 x217.

Notes from the Planned Giving Advisory Council
Beneficiary Designations - Your Will Is Not Enough
by Eileen Lamse, CPA at Hammel, Beal & Lauer, PC and Member of the ICS Planned Giving Advisory Council

Once you finalize your Will, you should also review and possibly change the beneficiary designations on certain types of accounts that will pass to your heirs “outside your Will.” (This means that your Will does not usually govern what happens to these assets.)

Often these accounts represent a very substantial part of your estate and if the beneficiary designations are not brought up to date when life circumstances change, “disorder” or an unintentional “disaster” could occur after you die.

Examples of assets that pass directly to named beneficiaries regardless of one’s Will are:
• Life Insurance: Life insurance will be paid to the person who is named the beneficiary in the policy. Be certain to update the beneficiaries of your life insurance when circumstances change such as marriage, birth of a child, death of a parent or a spouse, and divorce.
• Do not procrastinate! Do not leave your life insurance to an unintended beneficiary thereby leaving your loved one without the protection they need.
• Do not procrastinate! Do not leave your life insurance to an unintended beneficiary thereby leaving your loved one without the protection they need.
• Pension Plans and Deferred Annuities: This includes 401(k) plans, IRA (Individual Retirement Accounts), Annuity products, etc. These types of accounts always have a named beneficiary. (Although usually not advisable, in some circumstances, a person’s Estate may be the named beneficiary.)
• Again, if your circumstances change, do not delay making changes to the beneficiaries of these accounts. Determine with your attorney, your accountant, your financial planner and your family who would be the best beneficiary(s).

Tax rules related to retirement accounts are complex and the law includes a number of incentives that favor certain beneficiaries over other beneficiaries. Charitable giving should also be considered in this area.

Payable on Death/Transfer on Death Accounts:
Consider carefully when you designate POD/TOD beneficiaries for investment/bank accounts. As the balances in these accounts change, what was once an even division among heirs could become uneven.

Titled Property: This category includes real estate and motor vehicles. Thoughtfully discuss with the attorney drafting your Will the optimum way to title these assets so that they will transfer properly to your intended heirs with a minimum of cost.

Using a Trust: If your assets are diverse and “substantial” enough, you should consider establishing a revocable trust. Assets are transferred to the trust either before your death or by exercise of your Will. The trust then determines what happens to them after your death. (The trust will become irrevocable at your death.) Using a revocable trust provides maximum flexibility. A trust can provide for and protect a variety of beneficiaries.

A revocable trust can be amended and changed more readily than changing the designated beneficiary of individual assets. However, even with a trust, there are certain assets that should be retained outside the trust. This requires detailed planning with your attorney and tax advisor.

Want to include ICS in your estate plans? If you are interested in learning more about giving to ICS after your lifetime, contact the ICS Development Department. As always, consult with your personal tax and estate advisors before making any changes. The technical information in this article is necessarily brief. No final conclusion on these topics should be drawn without further review and consultation. Please be advised that, based on current IRS rules and standards, the advice outlined above is not intended to be used, nor can it be used, for the avoidance of any tax penalty assessed by the IRS.
Welcome to Our 58th Faith Community Partner!

We are pleased to welcome our newest faith community partner, Unity of Tucson, located at 3617 N. Camino Blanco. Led by Revs. Larry and Mary Ellen Swartz, the congregation looks forward to connecting senior members and volunteer drivers to our Senior Services.

Our Faith Community Partners in Action:

• ICS was invited to speak during worship services at Sanctuary United Methodist, Streams in the Desert Lutheran, Immanuel Presbyterian, and Northminster Presbyterian Churches.
• St. Philip’s in the Hills Episcopal Church held their second annual Eldercare Fair and invited ICS to have a display table, where we were glad to talk with many people.
• Our Food Bank was replenished by a delivery of food and personal hygiene items collected during a special drive by Congregation M’kor Hayim.
  • Church of the Painted Hills United Church of Christ is collecting a “wall of toilet paper” for Food Bank clients and encouraging members to bring recycled paper.
  • Our Saviour’s Lutheran Church hosted our last ICS Council meeting, at which representatives from 31 congregations were present.
  Many thanks to all of the congregations who make our wonderful work together possible—our community is blessed by your faithfulness!

Keeping in Touch:

As a way of staying in touch and saying “thank you,” we’re happy to come speak to your congregation’s mission, social action or caring group, men’s or women’s group, or during worship services. Or, we’d love to welcome a group from your congregation to visit ICS and see us in action.

To schedule a speaker or to visit ICS contact Karen MacDonald, Faith Outreach Manager/East & Central Outreach, 297-2738 x221, kmacdonald@icstucson.org; or Sandi Brickley, Volunteer Resources Manager/NW Faith Outreach, 297-2738 x217, sbrickley@icstucson.org.

Health and Congregations - Health Advocacy Outreach

If you were asked to list health organizations in town, what would you name? Hospitals? Doctors? Pharmacies? Gyms? Counselors? How about your faith community?

Our congregations are places in which faith and health come together. Congregations can be centers of healing, implementing programs that integrate the spiritual, physical, emotional and relational aspects of health. Such programs could include services of prayer and healing, visiting the sick, grief support groups, nutrition classes, blood pressure screenings—anything that promotes our overall health. In this way, congregants and neighbors access needed health resources and do so in the context of their faith, undergirded by prayer and religious rituals.

Interfaith Community Services is ready and happy to consult with congregations in developing their own health programs. We look forward to your call: Karen MacDonald 297-2738 x221; kmacdonald@icstucson.org. In addition, in collaboration with Carondelet Health Network, we’re offering training for those involved or interested in health ministry/programs:

Basic Training for Congregation Health Leaders
When: Thursday-Friday
April 28-29, 2011
8:30 a.m. – 4:00 p.m. each day
Where: St. Mary’s Hospital,
Trek Room
1601 W. St. Mary’s Road
Cost: $10/person for both days
Who Should Attend:
Members of health ministries/programs or caring/visitation groups; members in health-related fields; spiritual leaders/clergy persons; anyone interested in health ministry in your congregation.

For more information or to receive a registration brochure, contact Karen MacDonald: 297-2738 x221; kmacdonald@icstucson.org.
Memorials and gifts of honor are a special way to remember friends and loved ones, as well as make a tax-deductible donation to ICS. An acknowledgement is sent to both donor and honoree. Thank you!

IN MEMORY OF, GIVEN BY
Ryan Armstrong, Josephine Cordasco
Bradley Steven Browning, Michael and Leann Andrade; Brownstone Reading Group; Gary and Linda Dhaemers; Theodore and Beverly Greenburg; David and Janice Nelson; Tim and Susan Weiland

ICS donors can claim state tax credit

If you donated to ICS in 2010, you may be able to claim a state tax credit when you file your state income tax return this year.

Federal and state income tax returns are due by April 18. The state of Arizona recognizes ICS as a qualified charitable organization that serves the working poor. That means donors to ICS may be able to claim a tax credit and reduce the state income tax they pay by the amount they donate – up to $200 as a single person and up to $400 for couples filing jointly.

You can get this tax credit in addition to credits for public and private school donations. You can also claim your donation as a charitable deduction on your federal income tax return.

ICS has been working with a group of 11 other Southern Arizona nonprofit organizations that serve the working poor to raise awareness about the tax credit.

You can find more information on the group’s website – www.aztaxcredit-4soaz.org/ – or at the state Department of Revenue website – www.azdor.gov.

Don’t forget that any donations you make to ICS this year may qualify you for the charitable tax credit when you file your 2011 state tax return next year!

I’m soaz.org/

Please consider making a lasting gift in your will to support ICS. For more info, call Deborah Carr at 297-2738 x222.

Here’s what you need to do:
1) When you prepare your state tax return, you must itemize your deductions. 
2) Complete Arizona Tax Form 321 and include it with your return.

Volunteer Income Tax Assistance

Low- to moderate-income individuals and families have five more opportunities in April to have their state and federal tax returns prepared for free by trained volunteers at ICS’s main office, 2820 W. Ina Road.

ICS partners with United Way of Tucson and Southern Arizona to provide Volunteer Income Tax Assistance (VITA).

VITA services at ICS will be available from 4 to 7 p.m. Wednesdays and 9 a.m. to 1 p.m. Saturdays through April 16. No appointment is necessary; clients are taken on a first-come, first-served basis.

Bring:
• Picture I.D. for taxpayer and spouse (if applicable)
• ORIGINAL Social Security card for EACH family member
• Proof of income including W2s and 1099 forms
• Documentation of deductible expenses
• Account and routing numbers of checking and savings accounts for direct deposit of refunds
• Prior year tax return (if possible)

Volunteer Bob Henry, who coordinates VITA at ICS, said his crew of tax preparers had done 120 tax returns during their first 12 sessions, putting them on track to exceed last year’s total 174 returns by at least 25 percent.

Many thanks to these volunteers who underwent 12-18 hours of training before spending their Wednesday evenings and Saturday mornings at ICS this spring!

For more information about VITA, call the ICS office at 297-6049.
ICS conducting strategic planning... your input valued!

The Board of Directors met in March to kick off our new round of strategic planning. Our process brings the Board, staff, and volunteers together in focusing on the mission of ICS. We believe that our past planning efforts, along with regular reviews, are a major reason for our growth and success.

During March, Board member/staff teams have been interviewing nearly 50 community leaders – from corporate, nonprofit, government, faith community and other sectors. The information gathered from these interviews will be combined with volunteer and client surveys to help us determine how best to use our resources to serve community needs.

There is a way for everyone to be involved. Some of the specific questions on which we would appreciate hearing your views are:

- Are you aware of ICS, its mission, and its various community services?
- What do you perceive as the strengths of ICS? The weaknesses?
- What is the greatest community need that ICS could seek to address?
- Do you see partnership opportunities for ICS?
- What specific suggestions do you have for ICS?

The plan is expected to be completed in June, will be available to the public and will impact our annual budget. If you would like to have input into this process, send a note or email to Bonnie Kampa, Executive Director, bkampa@icstucson.org, with your responses to these questions.

Food Bank changes

Please welcome Curt Balko, our new Food Bank Coordinator as of April 1.

And thank Frank Hayes, who is stepping down March 31 after more than six years of service as our volunteer Food Bank Coordinator.

Curt will be coordinating the efforts of our 50 Food Bank volunteers, preparing for the construction and equipping of our new Food Bank building, and soliciting and coordinating food drives and donations.

Curt is a longtime friend of ICS and has served on the ICS Faith Community Team.

A Tucson area resident since 1990, Curt comes to us by way of Resurrection Lutheran Church, where he has been Director of Volunteer and New Member Ministries since 2003. He will continue in that position part-time.

When Frank began his work with the ICS Food Bank, we were distributing 2,636 emergency food boxes and holiday food packages a year. Last year, we distributed 12,304!

Longtime Food Bank volunteers Carter and Ann Thoenes offered this “recipe for Frank Hayes”:

Take 1 cup of organization
Stir in 1 cup of hard work
Add ½ cup of dependability,
½ cup of flexibility,
½ cup of inventive ingenuity,
½ cup of accessibility,
Mix well – Season liberally with a pleasant sense of humor.
Allow to age for several (many) years and you will have a successful and popular leader.

Frank isn’t leaving ICS, though. He’s a member of our strategic planning committee.

Welcome, Curt! And many thanks, Frank!

ICS Endowment Challenge Update

In 2009, the ICS Endowment Fund began with a $250,000 seed gift from Board President Ed Jenkins and his wife, Kay, along with their challenge to match additional donations to the ICS Endowment Fund up to $750,000 (for a total of $1 million).

Thanks to many who stepped forward, ICS is now just $25,000 away from meeting the Jenkins Endowment Challenge! Combined gifts of cash, pledges and quantifiable and verifiable gifts have also grown to $2.3 million toward our goal of $5 million by 2015!

If you or a loved one have appreciated ICS services, or if you just want to ensure that ICS is here for future generations, giving to the Endowment is a great way to give back. Ed and Kay will continue to match all gifts or pledges designated to the ICS Endowment Fund until the final $25,000 is met on the challenge (through the end of 2011).

Gifts of any size matter! Gifts can be in the form of cash, or planned gifts. Contributions of $50,000 or greater can be designated for a particular purpose or program with naming rights.

An endowment is a nest egg. It is a fund where the principal is never withdrawn and spent, but is continually invested to produce perpetual income for ICS.

For more information on endowment or planned giving programs at ICS, contact Donor Relations Manager Deborah Carr at 520-297-2738 x222 or Executive Director Bonnie Kampa at 297-2738 x212.
Join us Sunday, April 3, at ICS’s 2011 Volunteer Recognition Award Ceremony and Potluck, from 1:30 to 3:30 p.m. (check-in 1 p.m.) at Faith Community Church’s Harrington Hall, 2551 W. Orange Grove Road.

If you didn’t RSVP but would still like to come, call Volunteer Resources Manager Sandi Brickley at 297-2738 x217. If you did RSVP, don’t forget the salad or dessert you promised to bring. We’re providing chicken barbecue and musical entertainment and recognizing some of our volunteers and supporters with awards. But we salute all our volunteers, donors and supporters for all you do to help ICS help so many seniors, disabled individuals and families in financial crises in our community. THANK YOU!

Help ICS ‘Green Up’

Nearly 700 folks are receiving “Living our Faith” via email. It’s easy! Just send an email to scaulley@icstucson.org, write “Go Green” in the subject line, give us an email address where you want to receive the electronic version, and state the mailing address you want removed from the print newsletter mailing list.

We’ll notify you by email when the newsletter is available and provide a link to take you there.

Support ICS on the go

Have you picked up your cool license plate holder that says, “I Support Interfaith Community Services”? They are FREE and available to everyone who has a heart for ICS and wants the world to know it! To get yours, stop by the ICS office Monday-Friday, 9 a.m. - 4 p.m.

Interfaith Community Services thanks our ongoing partners!

58 Faith Communities:
- Aldea Spiritual Community
- Ascension Lutheran
- Avra Valley Community Church
- Beautiful Savior Lutheran
- Canyon del Oro Baptist
- Capilla del Sol Christian
- Casas Adobes Congregational UCC
- Catalina United Methodist
- Christ the King Episcopal
- Christ Presbyterian
- Church of the Apostles
- Church of the Painted Hills
- Congregation Anshei Israel
- Congregation Chaverim
- Congregation Or Chadash
- Congregation M’kor Hayim
- Cortaro Vista Community Church
- Desert Skies United Methodist
- Dove of Peace Lutheran
- Faith Christian Fellowship of Tucson
- Fountain of Life Lutheran Church
- Grace St. Paul’s Episcopal
- Immanuel Presbyterian
- Local Spiritual Assembly of Bahá’í’s of Oro Valley
- Mountain Shadows Presbyterian
- Mountain View Baptist
- New Spirit Lutheran
- Northminster Presbyterian
- Northwest Baptist
- Northwest Heights Seventh Day Adventist Church
- Oro Valley Church of the Nazarene
- Oro Valley United Church of Christ
- Our Saviour’s Lutheran
- Pusch Ridge Christian Church
- Resurrection Lutheran
- Rincon Congregational UCC
- Sanctuary United Methodist
- Southside Presbyterian Church
- St. Andrew’s Presbyterian
- St. Elizabeth Ann Seton Catholic
- St. Francis in the Foothills United Methodist
- St. John on the Desert Presbyterian
- St. Mark the Evangelist Catholic
- St. Mark’s Presbyterian
- St. Mark’s United Methodist
- St. Matthew’s Episcopal
- St. Michael and All Angels Episcopal
- St. Odilia Catholic
- St. Philip’s in the Hills Episcopal
- Streams in the Desert Lutheran
- Temple Emanu-El
- Third Church of Christ, Scientist
- Tortolita Presbyterian
- Tucson Community of Christ
- Tucson Young Nak
- Unity of Tucson
- U.U. Congregation of NW Tucson
- U.U. Church of Tucson

Major Community Partners:
- Pima County Community Action Agency; Pima County Community Development and Neighborhood Conservation Department;
- City of Tucson Human Services Department; Community Food Bank; United Way of Tucson and Southern Arizona; Pima Council on Aging

ICS Mobile Meals Partners:
- Amber Lights
- Atria Campana Del Rio
- HealthSouth Rehabilitation Hospital
- Mountain View Care Center
- Northwest Medical Center
- Oro Valley Hospital